

REBECCA REIKO SUZUKI

rebecca.suzuki@du.edu · (303) 918-8519 · 2155 S. Race St, Denver, CO 80208

EDUCATION

- 2020 - Present **PhD in Clinical Psychology (Child Emphasis)**
2020 - Present **MA in Clinical Psychology**
Minor, Developmental Cognitive Neuroscience
University of Denver
Denver, CO
- 2012 - 2016 **Bachelor of Arts in Psychology**
Minor, German
Magna cum laude, Phi Beta Kappa Society, High Honors in Psychology
Haverford College
Haverford, PA
- Fall 2014 Study Abroad Semester
IES: Berlin
Berlin, Germany

AWARDS & HONORS

- 2021-2023 **Doctoral Fellowship for Inclusive Engagement**, University of Denver,
Denver, CO
- 2020-2021 **Doctoral Fellowship**, University of Denver, Denver, CO
- 2016-2017 **Fulbright U.S. Student Award**, English Teaching Assistant Program,
Essen-Kettwig, Germany
- 2016 **Magna cum laude**, Haverford College, Haverford, PA
- 2016 **Phi Beta Kappa Society**, Haverford College Zeta Chapter, Haverford, PA
- 2016 **High Honors in Psychology**, Haverford College, Haverford, PA
- 2015 **Koshland Integrated Natural Sciences Center Fund**, Haverford College
- 2015 **Louis Green Fund**, Haverford College
- 2012-2014 **Chief Master G.K. Lee Scholarship**, H.U. Lee Memorial Foundation

PROFESSIONAL MEMBERSHIPS

- 2021 - present International Society for Traumatic Stress Studies
- 2019 - present Association for Behavioral and Cognitive Therapies
- 2019 - present Asian American Psychological Association

RESEARCH EXPERIENCE

- 2020 - present Graduate Researcher
Traumatic Stress Studies Group, University of Denver, Denver, CO

Supervisor: Anne DePrince, PhD

- 2018 - 2020 Research Coordinator (Post-Baccalaureate)
Anxiety and Complicated Grief Program, NYU Grossman School of Medicine, New York, NY
Supervisor: Naomi Simon, MD, MSc
- 2017 - 2018 Research Assistant (Post-Baccalaureate)
Developing Psychological Strengths in Youth Lab, University of Memphis, Memphis, TN
Supervisor: Lilya Jiang, PhD
- 2016 - 2017 Studentische Hilfskraft (Post-Baccalaureate)
Institut für Psychologie, Universität Duisburg-Essen, Essen, Germany
Supervisor: David Tobinski, Dr. Phil.
- 2015 - 2016 Thesis Researcher (Undergraduate)
Department of Psychology, Haverford College, Haverford, PA
"This IS Who I Am:" The Influence of Social Context and Ego Development on the Identity Choice of Multiracial Young Adults and the Implications for Well-being
Supervisor: Jennifer Lilgendahl, PhD
- 2015 - 2016 Research Assistant (Undergraduate)
Center for Family Intervention Science, Drexel University, Philadelphia, PA
Supervisors: Guy Diamond, PhD; Joanna Herres, PhD
- 2015 - 2016 Research Assistant (Undergraduate)
Behavioral Health in Urban Schools Program, Children's Hospital of Philadelphia, Philadelphia, PA
Supervisors: Ricardo Eiraldi, PhD; Billie Schwartz, PhD
- 2014 - 2015 Research Assistant (Undergraduate)
Department of Psychology, Haverford College, Haverford, PA
Supervisors: Jennifer Lilgendahl, PhD; Benjamin Le, PhD
- 2013 Research Assistant (Undergraduate)
Traumatic Stress Studies Group, University of Denver, Denver, CO
Supervisor: Anne DePrince, PhD

PUBLICATIONS

1. Szuhany, K.L., Malgaroli, M., Riley, G., Miron, C.D., **Suzuki, R.**, Park, J., Rosenthal, J., Chachoua, A., Meyers, M., Simon, N.M. (2021). Barriers and engagement in breast cancer survivorship wellness activities. *Breast Cancer Research and Treatment*.
2. Na, P.J., Adhikari, S., Chen, A., Szuhany, K, **Suzuki, R.R.**, Malgaroli, M., Robinaugh, D., Bui, E., Mauro, C., Zisook, S., Reynolds, C., Shear, M.K., & Simon, N.M. (2021). Posttraumatic distress symptoms and their response to treatment in adults With Prolonged Grief Disorder. *The Journal of Clinical Psychiatry*.

3. Hoge, E.H., Bui, E., Mete, M., Philip., S.R., Gabriel, C., Ward, M.J., **Suzuki, R.**, Dutton, M.A., & Simon, N.M. (2020). Treatment for anxiety: Mindfulness meditation versus escitalopram (TAME): Design of a randomized, controlled non-inferiority trial. *Contemporary Clinical Trials*.
4. Jiang, X., Topps, A. K., & **Suzuki, R.** (2020). A systematic review of self-care measures for professionals and trainees. *Training and Education in Professional Psychology*.

PAPERS IN DEVELOPMENT

1. Spandorfer, J., Adhikari, S., Szuhany, K.L., Na, P., **Suzuki, R.R.** , Schantz, B., & Simon, N.M. (under review). Uncovering the relationship between family history of suicide and anxiety disorders. *Behaviour Research and Therapy*.
2. Szuhany, K.L., Adhikari, S., Chen, A., Lubin, R.E., Jennings, E., Rassaby, M., Eakley, R., Brown, M., **Suzuki, R.R.**, Barthel, A., Rosenfield, D., Hoepfner, S., Khalsa, S., Hoge, E., Bui, E., Hofmann, S.G., & Simon, N.M. (under review). Impact of preference for yoga or Cognitive Behavioral Therapy in patients with Generalized Anxiety Disorder on treatment outcomes and engagement.
3. **Suzuki, R.R.** & DePrince, A.P. (in preparation). A systematic review of coping and service engagement for sexual assault survivors.

POSTERS & RESEARCH PRESENTATIONS

1. **Suzuki, R.R.**, Miron, C., Rassaby, M., Adhikari, S., Szuhany, K., Jennings, E., Schantz, B., Malgaroli, M., Lubin, R., Eakley, R., Johnson, C., Wu, S., Chachoua, A., Rosenthal, J., Meyers, M., & Simon, N. (2020, November). The impact of recommendations on participation in psychosocial services in breast cancer survivors. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA. (conference canceled)
2. Miron, C.D., Malgaroli, M., Szuhany, K., Jennings, E., Rassaby, M., Adhikari, S., Schantz, B., **Suzuki, R.**, Lubin, R., Eakley, R., Riley, G., Chachoua, A., Meyers, M., Rosenthal, J., Simon, N.M. (2020, November) An examination of the relationship between anxiety sensitivity and fear of cancer recurrence in breast cancer survivors. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA. (conference canceled)
3. Jennings, E., Miron, C.D., Malgaroli, M., Szuhany, K., Adhikari, S., Rassaby, M., **Suzuki, R.**, Schantz, B., Johnson, C., Eakley, R., Riley, G., Chachoua, A., Meyers, M., Rosenthal, J., Simon, N.M. (2020, November) The relationship between pain and cancer-related traumatic distress in breast cancer survivors. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA. (conference canceled)
4. Rassaby, M., Szuhany, K.L., Miron, C., Jennings, E.L., Hoepfner, S.S., Brown, M.L., Schantz, B., **Suzuki, R.R.**, Eakley, R., Wu, S.X., Johnson, C., Bui, E., & Simon, N.M. (2020, November). The relationship between perceived social support and distress tolerance in individuals with social anxiety disorder compared to generalized anxiety disorder. Poster presented at the

Association of Behavioral and Cognitive Therapies Annual Conference, Philadelphia, PA.
(conference canceled)

5. Schantz, B., Szuhany, K.L., Adhikari, S., Grochowalski, J.H., Chen, A., **Suzuki, R.**, Miron, C., Rassaby, M., Jennings, E., Brown, M.L., Hoepfner, S.S., Bui, E., & Simon, N.M. (2020, November). *Examining the Relationship Between Emotion Regulation, Quality of Sleep and Anxiety Disorder Diagnosis*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.(conference canceled)
6. Na, P.J., Wang, W., Li, Y., Li, V., **Suzuki, R.R.**, Lubin, R.E., Qi, W., Chen, D., McQuiston, H., & Simon, N.M. (2020, April). *Pilot study of an anti-stigma group intervention for Chinese American older adults with mood and anxiety disorders*. Poster presented at the Annual Meeting of the American Psychiatric Association (APA), Philadelphia, PA. (conference canceled)
7. Wang, W., Li, Y., Li, V., **Suzuki, R.R.**, Lubin, R.E., Qi, W., Chen, D., McQuiston, H., Simon, N.M., & Na, P.J. (2020, April). *Stigma, shame, and discrimination experienced by Chinese American older adults living with mental disorders: a qualitative study*. Poster presented at the Annual Meeting of the American Psychiatric Association (APA), Philadelphia, PA. (conference canceled)
8. Na, P., Adhikari, S., Chen, A., Szuhany, K., **Suzuki, R.**, Malgaroli, M., Robinaugh, D., Bui, E., Mauro, C., Zisook, S., Reynolds, C., Shear, M.K., & Simon, N.M. (2019, December). *Traumatic distress symptom clusters in complicated grief: Response to treatment*. Poster presented at the Annual Meeting of the American College of Neuropsychopharmacology (ACNP), Orlando, FL.
9. **Suzuki, R.R.**, Schantz, B.L., Ward, M.J., Toner, E.R., Philip, S., Gabriel, C., Adhikari, S., Gitterman, A., Malgaroli, M., Bui, E., Hoge, E., & Simon, N. (2019, November). *Comparing symptom aggregation in patients diagnosed with Generalized Anxiety Disorder and Social Anxiety Disorder*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.
10. Philip, S.P., **Suzuki, R.R.**, Ward, M.J., Gabriel, C., Lubin, R., Toner, E.R., Gitterman, A.G., Simon, N., Bui, E., Hoge, E.A. (2019, November). *Fear of speaking with authority and social anxiety in white individuals vs. people of color*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.
11. Philip, S., Ward, M., **Suzuki, R.R.**, Simon, N., Hoge, E., Bui, E. (2019, November). *Childhood maltreatment predicts somatic symptoms in adult anxiety population*. Poster presented at the Annual Conference of the International Society for Traumatic Stress Studies, Boston, MA.
12. Spandorfer, J., Adhikari, S., Malgaroli, M., Szuhany, K., Na, P., Hoepfner, S., **Suzuki, R.R.**, Lubin, R., Eakley, R., Simon, N. (2019, November). *Anxiety sensitivity, not resilience, mediates the relationship between family history of suicide and anxiety disorders*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

13. Szuhany, K.L., Lubin, R.E., Brown, M., Spandorfer, J., **Suzuki, R.R.**, Khalsa, S., Hoge, E., Hoepfner, S.S., Bui, E., Hofmann, S.G., & Simon, N.M. (2019, November). *Understanding preference for yoga or cognitive behavioral therapy in patients with generalized anxiety disorder*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.
14. Ward, M. J., Bui, E. T. H., Philip, S., Gabriel, C., Toner, E., Gitterman, A., **Suzuki, R.R.**, Lubin, R., Simon, N. M. & Hoge, E. (2019, November). *Anhedonia is independently associated with somatic symptoms in individuals with a primary anxiety disorder*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.
15. Spandorfer, J., Szuhany, K., Hoepfner, S., Lubin, R., Young, A., Hellberg, S., Ward, M., **Suzuki, R.R.**, Bui, E., Simon, N. (2018, October). *Linking suicide behaviors and anxiety disorders: A family systems perspective*. Poster presented at MGH Clinical Research Day, Boston, MA.
16. Topps, A., Jiang, X., & **Suzuki, R.R.** (2018, August). *Assessing self-care: A systematic review of measures*. Poster presented at the annual convention of the American Psychology Association, San Francisco, CA.
17. **Suzuki, R.R.**, Scharff, D., & Lilgendahl, J. (2016, May) *"This IS Who I Am:" The influence of social context and ego development on the identity choice of multiracial young adults and the implications for well-being*. Presented at Haverford College Psychology Department Thesis Presentations, Haverford, PA.
18. Lilgendahl, J., Le, B., McLean, K., Bing-Canar, H., Reinhart, E., & **Suzuki, R.R.** (2015, February). *Hooking up and breaking up: How romantic high and low point narratives relate to dating identity and well-being during the first year of college*. Poster presented at the 16th Annual Society for Personality and Social Psychology Conference (SPSP), Long Beach, CA.
19. **Suzuki, R.R.**, Bing-Canar, H., Reinhart, E., Lilgendahl, J., & Le, B. (2014, September). *Hooking up and breaking up: How romantic high and low point narratives relate to dating identity and well-being during the first year of college*. Poster presented at Haverford College Fall Research Symposium, Haverford, PA.

CLINICAL CASE PRESENTATIONS

December 1, 2021	University of Denver Developmental Neuropsychology Clinic
October 6, 2021	University of Denver Developmental Neuropsychology Clinic
March 2021	Assessment - Psychopathology (PSYC 4413) First Year Clinical Case Presentation

TEACHING EXPERIENCE

Spring 2021	Graduate Teaching Assistant Research Methods (PSYC 3050), University of Denver , Denver, CO Professor: Sarah Huff, PhD
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Winter 2021 Graduate Teaching Assistant
Psychology of Diversity (PSYC 2620), University of Denver, Denver, CO
 Professor: Daniel Storage, PhD

Fall 2020 Graduate Teaching Assistant
Adult Psychopathology (PSYC 2500-2), University of Denver, Denver, CO
 Professor: Edward Garrido, PhD

2016 - 2017 Fulbright English Teaching Assistant
Theodor-Heuss Gymnasium • Essen-Kettwig, Germany
 Mentor: Petra Nierhaus

2014 - 2016 Martial Arts Instructor
PRO Martial Arts, Bryn Mawr, PA

2011 - 2013 **Ken Caryl ATA, Littleton, CO**

SERVICE & LEADERSHIP EXPERIENCE

2021 - Present Applicant Subteam Leader
 2020-2021 Core Team Member
Application Statement Feedback Program

- Initiative aimed at providing free and quick feedback on application statements to underrepresented minority and limited access PhD applicants
- Part of the team to launch the inaugural program, which served 155 applicants

2020 - Present Clinical Psychology Mentor
Project SHORT

- Volunteer mentor for a pro-bono application consulting service aimed at helping underrepresented minority students gain admission to PhD programs
- Matched with prospective applicant with similar interests
- Work one-on-one to edit application materials

2021 Interviewer, Depression Screening Project
Colorado Department of Healthcare Policy & Financing

- Interviewed health centers in Colorado that serve Medicaid members
- Recommended changes to depression screening to stakeholders

2017 - 2018 AmeriCorps VISTA, *Behavioral Health Department*
Church Health, Memphis, TN

- Generated internal protocols to build organizational capacity for large medical nonprofit serving the working uninsured
- Improved smoking cessation outreach by developing new materials and programs
- Redeveloped online consortium of drug addiction resources for Shelby County
- Co-coordinated Church Health's first stroke support group

SKILLS

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- Software: SPSS, Qualtrics, REDCap, Endnote, Microsoft Office Suite, Basic R
 - German (advanced)

REFERENCES

Anne DePrince, PhD

Professor, Department of Psychology
Associate Vice Provost for Public Good Strategy
and Research
Director, Center for Community Engagement
to advance Scholarship and Learning
(CCESL)
University of Denver
2155 S. Race St.
Denver, CO 80208
Phone: 303-871-2939
Email: anne.deprince@du.edu

Naomi Simon, MD MSc

Professor, Department of Psychiatry
Vice Chair for Research Faculty Development
and Mentorship, Department of Psychiatry
Director, Anxiety, Stress, & Prolonged Grief
Program
Senior Advisor, Steven A. Cohen Military Family
Clinic
NYU Grossman School of Medicine
1 Park Ave, 8th Floor
New York, NY 10016
Phone: 646-754-4768
Email: naomi.simon@nyulangone.org